

The mission of the Woodbury MS counseling department is to provide a comprehensive developmental counseling program addressing the academic, career and personal/social development of all students in order to be productive members of society.

All students will have access to knowledge and be prepared with skills to perform to their full potential. This occurs through the partnership of counselors with other educators, families, and the community.

Woodbury's middle schools comprehensive counseling program will work collaboratively with teachers administration, and our community to enable students to become educated, persistent problem solvers, critical thinkers, confident, successful lifelong learners and technologically competent throughout the 21<sup>st</sup> century.



## Woodbury Middle School Counseling



### The 7UPs of School Counseling

School Counselors at Woodbury MS help students:

1. Rise Up— to new challenges
2. Grow Up— into responsible, compassionate, citizens
3. Soak UP— new learning
4. Move UP— and transition to new adventures
5. Chin UP— with confidence
6. Shape UP— behavior
7. Build UP— self-esteem

## What Types of Programs are Offered

### Counseling Curriculum

*Our curriculum targets three Domains: Academic, college and Career, and Social/emotional needs of students:*

- 8 Classroom Lessons per year
- Whole Group Activities
- Parent Workshops and informational sessions

### Academic Domain

- Assessments, planning, and transition lessons
- Career fair
- UNLV Gear-up and Trio college and career readiness groups
- Parent workshops
- Peer Leadership and tutoring
- Assistance with monitoring grades
- Parent/Teacher conferences

### Social/Emotional Domain

- Coping skills lessons
- New student welcome program
- Anger management lessons and group sessions
- The coping and kindness intervention project
- Grief and Loss supports
- Safe places
- Check-in Check-out sessions
- Crisis response counseling
- Referrals for students and families

### For Parents

- Coffee with the counselor
- Woodbury giving tree program
- 6th-7th grade transition meetings
- 8th-9th grade transition meetings
- Coping skills for my child
- Community resources

## How does a Student see a Counselor?

- Self-Referral
- Request by the counselor
- Parent referral
- Administrative referral
- Teacher or Staff Referral
- Referral by friend(s)

Ms. Parr– Grade 6 and Grade 7 Females

Mr. Peraza– Grade 8 and Grade 7 Males

Woodbury Middle School

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